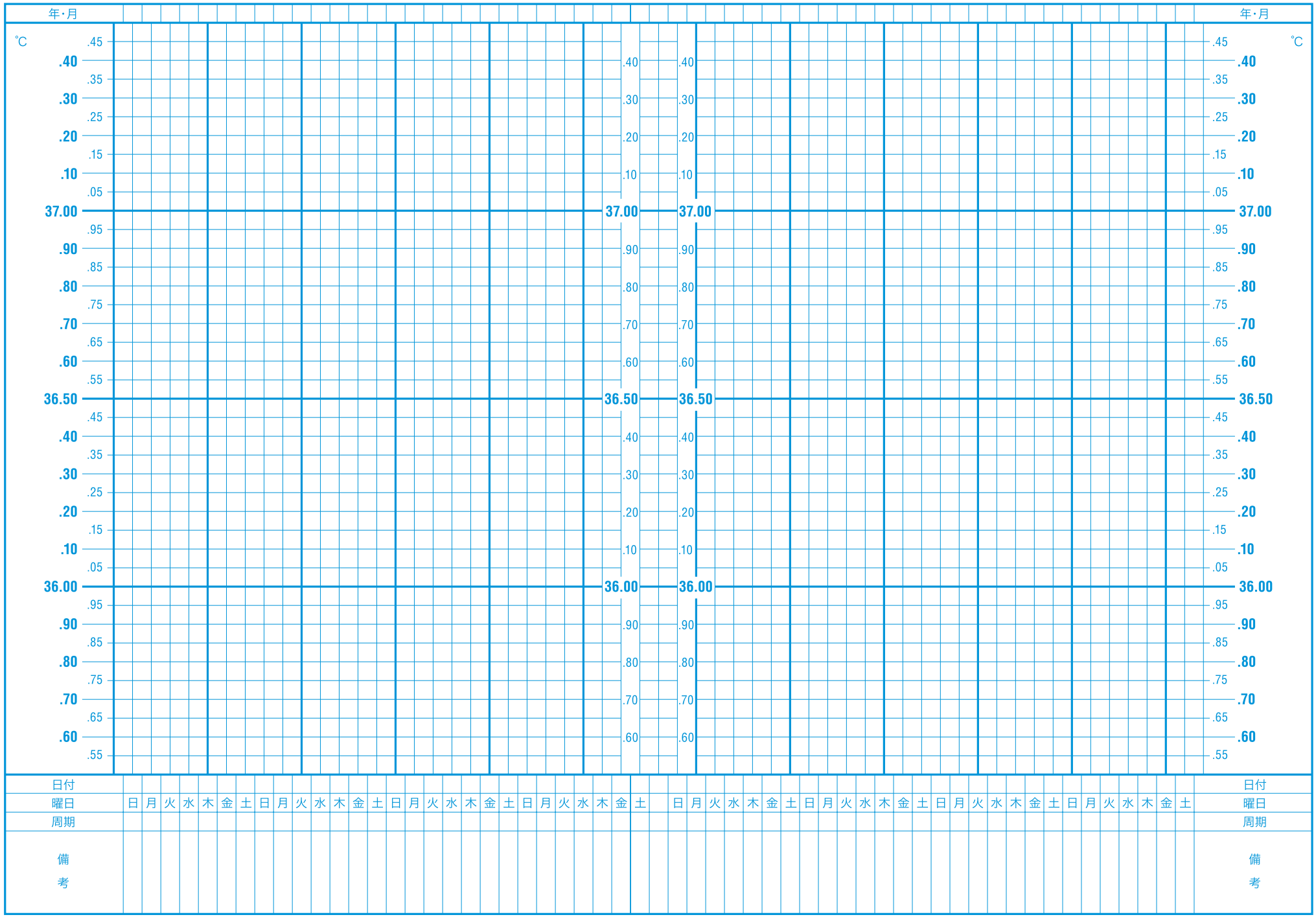オムロンヘルスケア基礎体温記録シート